

Charakteristika predkladaného výstupu tvorivej činnosti / Characteristics of the submitted research/ artistic/other output

Tlačivo VTC slúži na predkladanie výstupov tvorivej činnosti podľa metodiky hodnotenia tvorivých činností (časť V. Metodiky na vyhodnocovanie štandardov) / The form is used to submit the research/artistic/other outputs according to the evaluation methodology of research/artistic/other activities (part V. The Methodology for Standards Evaluation).

ID konania/ID of the procedure: ¹

Kód VTC/Code of the research/artistic/other output (RAOO):¹

OCA1. Priezvisko hodnotenej osoby / Surname awarded to the assessed person ²	Slezáková	
OCA2. Meno hodnotenej osoby / Name awarded to the assessed person ²	Zuzana	
OCA3. Tituly hodnotenej osoby / Degrees awarded to the assessed person ²	prof., PhDr., PhD., MPH	
OCA4. Hyperlink na záznam osoby v Registri zamestnancov vysokých škôl / Hyperlink to the entry of the person in the Register of university staff ³	https://www.portalvs.sk/regzam/detail/1233	
OCA5. Oblasť posudzovania / Area of assessment ⁴	ošetrovatelstvo II. a III. stupeň/ nursing II. a III. degree	
OCA6. Kategória výstupu tvorivej činnosti / Category of the research/ artistic/other output <i>Výber zo 6 možností (pozri Vysvetlivky k položke OCA6) / Choice from 6 options (see Explanations for OCA6).</i>	vedecký výstup / scientific output	
OCA7. Rok vydania výstupu tvorivej činnosti / Year of publication of the research/artistic/other output	2017	
OCA8. ID záznamu v CREPČ alebo CREUČ (ak je) / ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA) ⁵	ID: UKF.Nitra.91611	
OCA9. Hyperlink na záznam v CREPČ alebo CREUČ / Hyperlink to the record in CRPA or CRAA ⁶	http://www.crepc.sk/portal?fn=*review&uid=2210031&pagelid=resultform&full=0	
Charakteristika výstupu, ktorý nie je registrovaný v CREPČ alebo CREUČ / Characteristics of the output that is not registered in CRPA or CRAA	OCA10. Hyperlink na záznam v inom verejne prístupnom registri, katalógu výstupov tvorivých činností / Hyperlink to the record in another publicly accessible register, catalogue of research/ artistic/other outputs ⁷	
	OCA11. Charakteristika výstupu vo formáte bibliografického záznamu CREPČ alebo CREUČ, ak výstup nie je vo verejne prístupnom registri alebo katalógu výstupov / Characteristics of the output in the format of the CRPA or the CRAA bibliographic record, if the output is not available in a publicly accessible register or catalogue of outputs	
	OCA12. Typ výstupu (ak nie je výstup registrovaný v CREPČ alebo CREUČ) / Type of the output (if the output is not registered in CRPA or CRAA) <i>Výber zo 67 možností (pozri Vysvetlivky k položke OCA12) / Choice from 67 options (see Explanations for OCA12).</i>	
	OCA13. Hyperlink na stránku, na ktorej je výstup sprístupnený (úplný text, iná dokumentácia a podobne) / Hyperlink to the webpage where the output is available (full text, other documentation, etc.)	
	OCA14. Charakteristika autorského vkladu / Characteristics of the author's contribution	

	<p>OCA15. Anotácia výstupu s kontextovými informáciami týkajúcimi sa opisu tvorivého procesu a obsahu tvorivej činnosti a pod. / Annotation of the output with contextual information concerning the description of creative process and the content of the research/artistic/other activity, etc. ⁸Rozsah do 200 slov v slovenskom jazyku / Range up to 200 words in SlovakRozsah do 200 slov v anglickom jazyku / Range up to 200 words in English</p>	
<p>OCA16. Anotácia výstupu v anglickom jazyku / Annotation of the output in English ⁹ Rozsah do 200 slov / Range up to 200 words</p>	<p>Disc herniation affects a person in all aspects of life, physically, mentally and socially. At least one year after intervertebral discs surgery the overall assessment of the perception of quality of life should be change. Design: We sought to ascertain the perception of quality in daily activities of life in areas of bio - psycho - social needs after disc herniation surgery. Respondents were patients after disc herniation surgery n = 86 from neurosurgery clinics in SlovakiaFor diagnostic purposes evaluating the quality of life of patients after disc herniation surgery we used the questionnaire SF. Results: We can state that for patients after disc herniation surgery quality of life only slightly improved: with restricted movement in the damaged area; problems with lifting heavy objects; persistent back pain. 84% of respondents stated that despite successful disc herniation surgery their normal daily activities are causing problems. 95% report that they still experience difficulties in carrying out daily activities and 33% of patients still suffer from severe pain preventing them from doing normal activities. Conclusions: We found that 68% of respondents indicate that their normal daily activities cause problems because of their lingering emotional conditions, including anxiety, fear, depression and other conditions. Negative feelings such as anxiety, depression, sadness, exhaustion, fatigue was confirmed by 52% of patients. Although nearly half, 48% do experience a positive emotional condition. Conversations with respondents reveal that the social support and social contacts after spinal surgery are still rated relatively restrictive in intensity and frequency.</p>	
<p>OCA17. Zoznam najviac 5 najvýznamnejších ohlasov na výstup / List of maximum 5 most significant citations corresponding to the output Rozsah do 200 slov / Range up to 200 words</p>	<p>Slezáková, Z., Vörösová, G., Michalenková, K. Perception of Quality of Life at Patients after Surgery of Disc Herniation. In: Clinical Social Work and Health Intervention. - Vol. 8, no. 3 (2017), s 43-48.- ISSN 2222-386X. - DOI 10.22359/cswhi_8_3_08Registrované v: wos Ohlasy: 1 [o1] 2021 Sinmaz, T - Akansel, N. : Experience of Pain and Satisfaction with Pain Management in Patients After a Lumbar Disc Herniation Surgery. In: Journal of Perianesthesia Nursing, vol. 36, no. 6, 2021, s. 647-655 – SCI</p>	
<p>OCA18. Charakteristika dopadu výstupu na spoločensko-hospodársku prax / Characteristics of the output's impact on socio-economic practice Rozsah do 200 slov v slovenskom jazyku / Range up to 200 words in Slovak Rozsah do 200 slov v anglickom jazyku / Range up to 200 words in English</p>	<p>Eliminácia degenerácie medzistavcových platničiek operačným zákrokom súvisí nielen so zlepšením kvality života pacientov v oblasti bio-psycho-sociálnych potrieb, ale aj dlhším zotrvaním v pracovnom procese, znížením nákladov na zdravotnú starostlivosť a participáciou na tvorbe a rozvoji národného hospodárstva. The elimination of degeneration of the intervertebral discs by surgery is related not only to the improvement of the quality of life of patients in the field of bio-psycho-social needs, but also to a longer stay in the work process, a reduction in health care costs and participation in the creation and development of the national economy.</p>	
<p>OCA19. Charakteristika dopadu výstupu a súvisiacich aktivít na vzdelávací proces / Characteristics of the output and related activities' impact on the educational process Rozsah do 200 slov v slovenskom jazyku / Range up to 200 words in Slovak Rozsah do 200 slov v anglickom jazyku / Range up to 200 words in English</p>	<p>Výsledky štúdie možno implementovať do obsahu študijného predmetu ošetrovateľstvo v študijnom programe ošetrovateľstvo II. stupeň a študijného predmetu ošetrovateľstvo založené na dôkazoch v študijnom programe ošetrovateľstvo – III. stupeň. The results of the study can be implemented in the content of the study subject Nursing in the study program Nursing II. degree and study subject evidence-based nursing in the nursing study program – III. degree.</p>	